GLUCOGRAPH II DATA SHEET

Name: 
Doctor's Phone 303-462-5344
Doctor's Fax 303-462-5345

1 Unit H will lower blood sugar ___ mg/dl

Usual Doses of Insulin or Oral Agent

1 gm CHO →

BG Effects of Sweets (mg/dl)

Upon Rising _____________________________
Min. pre/post breakfast _______________
Min. pre/post lunch ________________
Min. pre/post dinner ________________
Min. pre/post snacks ________________
At Bedtime _____________________________

Target BG

Miscellaneous

<table>
<thead>
<tr>
<th>Date</th>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Meds, Exercise, Food, etc.</td>
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<td></td>
<td>B = Breakfast</td>
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<td>EX = Exercise</td>
<td></td>
<td>H = Homolog Insulin</td>
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<td>IM = Intramuscular</td>
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</tbody>
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Abbreviations: B = Breakfast  EX = Exercise  H = Homolog Insulin  IM = Intramuscular  L = Lente Insulin  LAN = Lantus Insulin  LU = Lunch  R = Regular Insulin  S = Supper  SN = Snack